

**One day Teachers' Orientation Programme on Communication with Students to promote their Psycho-social well-being organised by IOAC, dated 24.08.2022**

A One day Teachers' Orientation Programme on Communication with Students to promote their Psycho-social well-being was organised by the Internal Quality Assurance Cell of Victoria Institution (College) on 24.08.2022, for the teaching faculty. The main objective of the programme was to build a conceptual understanding of what constitutes Psycho-social well being of the young learners, as they enter the academic arena; and to promote teachers' awareness of the same, to ensure the overall well being of our wards. Besides, the programme also intended to guide and brief the teachers about the upcoming Mentor-Mentee project. The faculty of the Psychology Department acted as the resource person for the said event, with a well illustrated PowerPoint presentation they explained and informed the teachers regarding the various factors that affect the Psycho-social well-being of an adolescent, and how through the upcoming Mentor-Mentee programme we can interact with our students to identify their problems (if any), and to help them out in the best possible manner, create a conducive environment for effective teaching and learning and of course promote a healthy, dynamic teacher- student relationship. The session went on to become quite interactive as the teacher-participants came up with their many queries and opinions on the issue. The event proved to be truly productive and useful.

